

Department of Benefits and Family Support

Department of Disability and Aging Services

Office of Early Care and Education

P.O. Box 7988 San Francisco, CA 94120-7988 www.SFHSA.org

**London Breed** 

**Trent Rhorer**Executive Director

Mayor

**MEMORANDUM** 

TO: DISABILITY AND AGING SERVICES COMMISSION

**THROUGH:** KELLY DEARMAN, EXECUTIVE DIRECTOR

**FROM:** CINDY KAUFFMAN, DEPUTY DIRECTOR

ESPERANZA ZAPIEN, DIRECTOR OF CONTRACTS

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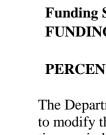
**DATE:** APRIL 6, 2022

**SUBJECT:** GRANT MODIFICATION: SELF-HELP FOR THE ELDERLY

(NON-PROFIT) FOR PROVISION OF SHORT-TERM HOME CARE FOR OLDER ADULTS: PERSONAL CARE, CHORE

AND HOMEMAKER SERVICES

	Current	Modification	Revised	Contingency	<u>Total</u>
GRANT TERM:	07/01/21- 06/30/25	04/01/22- 6/30/22	07/01/21- 06/30/25		
GRANT AMOUNT:	\$496,924	\$41,508	\$538,432	\$53,843	\$592,275
ANNUAL AMOUNT:	FY 21/22	FY 22/23	FY 23/24	FY 24/25	
	\$165,739	\$124,231	\$124,231	\$124,231	
Funding Source FUNDING:	<u>County</u> \$91,688	<u>State</u> \$369,074	<u>Federal</u> \$77,670	Contingency \$53,843	<u>Total</u> \$592,275
PERCENTAGE:	17%	69%	14%		100%



The Department of Disability and Aging Services (DAS) requests authorization to modify the existing grant agreements with Self-Help for the Elderly for the time period of April 1, 2022 through June 30, 2022, in the additional amount of \$41,508 plus a 10% contingency for a total amount not to exceed of \$592,275. The purpose of these grant modifications is to provide Short-Term Home Care for Older Adults: Personal Care, Homemaker, and Chore program care services to eligible individuals experiencing difficulty in their home with activities of daily living (ADL).

Service	Current Amount FY 21/22 FY 22/23 FY 23/24 FY 24/25	Modification FY 21/22	Revised FY 21/22 FY 22/23 FY 23/24 FY 24/25	Grand Total	10% Contingency	Total Not to Exceed
Short-Term Chore Services	\$43,161 \$43,161 \$43,161 \$43,161	\$13,855	\$57,016 \$43,161 \$43,161 \$43,161	\$186,499	\$18,650	\$205,149
Short-Term Homemaker Services	\$43,161 \$43,161 \$43,161 \$43,161	\$13,855	\$57,016 \$43,161 \$43,161 \$43,161	\$186,499	\$18,650	\$205,149
Short-Term Personal Care Services	\$37,909 \$37,909 \$37,909 \$37,909	\$13,798	\$51,707 \$37,909 \$37,909 \$37,909	\$165,434	\$16,543	\$181,977
Total	\$124,231 \$124,231 \$124,231 \$124,231	\$41,508	\$165,739 \$124,231 \$124,231 \$124,231	\$538,432	\$53,843	\$592,275

# **Background**

Title IIIB of the Older Americans Act provides funding for a series of supportive services programs, which includes the Chore, Homemaker, and Personal Care Services programs. Title IIIB services are designed to address functional limitations in older adults with a goal of maintaining health and independence while living at home. Delivery of the Chore, Homemaker, and Personal Care services promotes older adults' ability to maintain the highest possible levels of function, participation and dignity in the community. The Department of Disability and Aging Services groups these three programs together under one identifier: the Short-Term Homecare for Older Adults program.

The Short-Term Home Care for Older Adults Services are to be distinguished from the State of California's In Home Supportive Services (IHSS) program. While the programs have some similarities, the differences between the two include program authorization and scope (Federal vs State), eligibility criteria, and specific types of services provided.

Funding level for the Short-Term Homecare for Older Adults program is determined on an annual basis with the release and allocation of Area Plan contract from the California Department of Aging. In addition, The California Department of Aging usually releases one or more Amendments to its Area Plan contract each year, providing additional funding arriving through new funding initiatives or the release of unspent funding in previous fiscal years. In February 2022, DAS was notified of additional funding through Area Plan contract Amendment 3. This includes \$41,025 in one-time-only funding for IIIB services.

#### Services to be Provided

Short-Term Home Care for Older Adults consists of three distinct services: Chore, Homemaker, and Personal Care services. The California Department of Aging defines these services as follows:

Chore Services Assistance such as heavy housework, yard work or

sidewalk and other home maintenance for a person.

Homemaker Services Assistance such as preparing meals, shopping for

personal and household items, managing money, using

the telephone or doing light housework.

Personal Care Services Personal assistance, stand-by assistance, supervision or

cues (such as with eating, bathing, toileting, transferring

in/out of bed/chair, walking, dressing, grooming).

Grantee will administer all aspects of the program including intake and eligibility determination for clients, scheduling of services, and delivery of services in a professional and effective manner.

For more specific information regarding the services to be provided, please refer to the attached Appendices A1, A2, and A3.

#### Modification

The additional funding for this current fiscal year will be used to support costs for three on-call elder care workers to provide client services. The staffing boost will allow Self-Help for the Elderly to provide an additional 1,080 hours of Short-Term Home Care services this year to program participants. This increased program capacity will help meet demand and shorten wait time for services.

#### **Selection**

Grantee was selected through Request for Proposals #926, which was competitively bid on April 7, 2021.

# **Funding**

Funding for these grant agreements is provided by 69% State, 14% Federal and 17% County General Funds.

# **ATTACHMENTS**

# **Short-Term Home Care for Older Adults-Chore Services**

Appendix A1- Services to be Provided by Grantee

Appendix B1- Program Budget

# **Short-Term Home Care for Older Adults-Homemaker Services**

Appendix A2- Services to be Provided by Grantee

Appendix B2- Program Budget

# **Short-Term Home Care for Older Adults- Personal Care Services**

Appendix A3- Services to be Provided by Grantee

Appendix B3- Program Budget

# APPENDIX A1 – SERVICES TO BE PROVIDED BY GRANTEE Effective July 1, 2021 to June 30, 2025

Modification #1: April 6, 2022

# SELF-HELP FOR THE ELDERLY SHORT-TERM HOME CARE FOR OLDER ADULTS: CHORE SERVICES

# I. Purpose

The purpose of this grant is to provide short-term chore services to those eligible individuals experiencing difficulty in their home with activities of daily living (ADL's), when discharged from a hospital or institution, or individuals in the process of applying for the state In-Home Supportive Services (IHSS) program. This service is designed to promote older adults' ability to maintain the highest possible levels of function, participation, and dignity in the community.

#### II. Definitions

Adult with a	Person 18-59 years of age living with a disability.
Disability	
CA GetCare	A web-based application that provides specific functionalities for contracted agencies to use to perform consumer intake/assessment/enrollment, record service objectives, run reports, etc.
CARBON	Contracts Administration, Reporting and Billing On Line System
City	City and County of San Francisco, a municipal corporation.
DAS	Department of Disability and Aging Services
Disability	A condition or combination of conditions that is attributable to a mental, cognitive or physical impairment, including hearing and visual impairments, that results in substantial functional limitations in one (1) or more of the following areas of major life activity: a) Self-care: activities of daily living (ADL), and instrumental activities of daily living (IADL); b) Capacity for independent living and self-direction; c) Cognitive functioning, and emotional adjustment
Frail	An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the individual or others.
Grantee	Self-Help for the Elderly
HSA	Human Services Agency of the City and County of San Francisco
LGBTQ+	An acronym/term used to refer to persons who self-identify as non - heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.
Low Income	Having income at or below 100% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.

Minority	An ethnic person of color who is any of the following: a) Black – a person
	having origins in any of the Black racial groups of Africa, b) Hispanic – a
	person of Mexican, Puerto Rican, Cuban, Central or South American, or other
	Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific
	Islander – a person whose origins are from India, Pakistan or Bangladesh,
	Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines,
	Samoa, Guam, or the United States Territories of the Pacific including the
	Northern Marianas, d) American Indian/Alaskan Native – an American Indian,
	Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulations
	Title 22, Sec. 7130.
OCM	Office of Contract Management, Human Services Agency
Older Adult	Person who is 60 years or older, used interchangeably with senior
OCP	Office of Community Partnerships (formerly known as Office on
	the Aging / OOA).
Senior	Person who is 60 years or older, used interchangeably with older adult
SOGI	Sexual Orientation and Gender Identity; Ordinance No. 159-16 amended the San
	Francisco Administrative Code to require City departments and contractors that
	provide health care and social services to seek to collect and analyze data concerning
	the sexual orientation and gender identity of the clients they serve (Chapter 104,
**	Sections 104.1 through 104.9).
Unit of Service	Defined as one hour of service
Unduplicated	A unique consumer receiving services in the Grantee's Short Term Home Care
Consumer (UDC)	for Older Adults program and reflected via enrollment in CA GetCare.

#### **III.** Target Population

According to the federal mandates of the Older Americans Act, services must target clients who are members of one or more of the following target groups that have been identified as demonstrating the greatest economic and social need, in particular:

- A. Low-income
- B. Non or limited –English speaking
- C. Minority
- D. Frail
- E. Lesbian/Gay/Bisexual/Transgender

#### IV. Client Eligibility

To be eligible for services, clients must be:

- A. An older adult aged 60 years or older and
- B. A resident of San Francisco and
- C. In need of short-term chore services

#### V. Location and Time of Services

Intake and program administration take place during regular business hours at Self-Help for the Elderly offices located at 601 Jackson Street in San Francisco. Program services will occur at client residences as scheduled.

#### VI. Description of Services

The Grantee is to hire, train and place care workers to provide chore services to eligible consumers. Chore services include assistance such as heavy housework, yard work or sidewalk and other home maintenance for a person.

#### VII. Contractor Responsibilities

On an annual basis, the Grantee will provide chore services to the indicated number of consumers with the indicated number of units of service. Chore services should be designed to:

- A. Provide quality services that attain a high level of satisfaction from participants
- B. Provide services that meet the needs of the participants
- C. Provide assistance that ensures well-being and health
- D. Provide information and referral as needed

Grantee will administer an annual consumer survey, pre-approved by Office of Community Partnership staff, to consumers with a response rate of <u>at least 50%</u> of the annual unduplicated consumer service objective as specified in the Service Objective section below.

#### VIII. Units of Service and Definitions

On an annual basis, the Grantee will provide the following services as part of the Short-Term Home Care for Older Adults Chore Services:

A. <u>Unduplicated Consumers</u>. Grantee will provide service to unduplicated consumers that consist of program participants.

UNIT: One unduplicated consumer.

B. <u>Service Hours</u>. Utilization of care workers to provide program services. Service hours shall include time spent providing services to program participants.

UNIT: One hour of service

#### VIII. Service Objectives

On an annual basis, Grantee will provide at least the following:

Service Objective	FY21/22	FY22/23	FY23/24	FY24/25
Unduplicated Clients Receiving Services:	105	75	75	75
Chore Service Hours:	880	520	520	520

# IX. Outcome Objectives

At least 35% of consumers will return the annual consumer satisfaction survey.

# **Client Survey Outcomes**

- A. At least 85% of consumers surveyed will report that they are satisfied (or better) with the services provided.
- B. At least 85% of the consumers surveyed will report that they received the services that they need to remain at home.

#### Performance Outcomes

- A. At least 95% of consumers will receive services within a one hour window of the scheduled time
- B. At least 85% of consumers will receive services within a 48 hour time period from initial intake
- C. At least 75% of the consumers served by the program will need assistance in performing at least two ADLs\*. (\*To be determined by consumer information entered into the CA GetCare system.)

#### **X.** Reporting Requirements

- A. Grantee will provide various reports during the term of the grant agreement.
- B. The Grantee will enter consumers' data into the CA GetCare database system.
- C. The Grantee will enter into the CA GetCare Service Unit section all the units of service by the 5<sup>th</sup> working day of the month for the preceding month.
- D. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- E. Grantee program staff will complete the California Department of Aging (CDA) Security Awareness Training on an annual basis; Grantee will maintain evidence of staff completion of this training.
- F. Grantee will submit response rates and aggregated data from annual client survey to assigned Office of Community Partnerships staff by March 15th of each grant year.
- G. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31 each grant year. This report must be submitted to the CARBON system.
- H. Grantee shall develop and deliver ad hoc reports as requested by HSA/DAS/OCP.
- I. Grantee shall develop and deliver an annual summary report of SOGI data collected in the year as required by state and local law. The due date for submitting the annual summary report is July 10th.
- J. Grantee will develop and maintain with OCP's approval, an updated Site Chart (using OCP's format) with details about the program.
- K. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.

Apart from reports to be sent via email to the Program Analyst and/or Contract Manager, all other reports and communications should be sent to the following addresses:

Tahir Shaikh Contracts Manager/HSA P.O. Box 7988 San Francisco, CA 94120 tahir.shaikh@sfgov.org Michael Zaugg, Program Director DAS, Office of Community Partnerships P.O. Box 7988 San Francisco, CA 94120 michael.zaugg@sfgov.org

#### **XI.** Monitoring Activities

A. Program Monitoring: Program monitoring will include review of compliance to specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA Getcare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting, evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII.

B. Fiscal Compliance and Contract Monitoring: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance, and HIPAA compliance.

# APPENDIX A2 – SERVICES TO BE PROVIDED BY GRANTEE Effective July 1, 2021 to June 30, 2025

Modification #1: April 6, 2022

# SELF-HELP FOR THE ELDERLY SHORT-TERM HOME CARE FOR OLDER ADULTS: HOMEMAKER SERVICES

# I. Purpose

The purpose of this grant is to provide short-term homemaker services to those eligible individuals experiencing difficulty in their home with activities of daily living (ADL's), when discharged from a hospital or institution, or individuals in the process of applying for the state In-Home Supportive Services (IHSS) program. This service is designed to promote older adults' ability to maintain the highest possible levels of function, participation, and dignity in the community.

# II. Definitions

Adult with a	Person 18-59 years of age living with a disability.
Disability	
CA GetCare	A web-based application that provides specific functionalities for contracted agencies to use to perform consumer intake/assessment/enrollment, record service objectives, run reports, etc.
CARBON	Contracts Administration, Reporting and Billing On Line System
City	City and County of San Francisco, a municipal corporation.
DAS	Department of Disability and Aging Services
Disability	A condition or combination of conditions that is attributable to a mental, cognitive or physical impairment, including hearing and visual impairments, that results in substantial functional limitations in one (1) or more of the following areas of major life activity: a) Self-care: activities of daily living (ADL), and instrumental activities of daily living (IADL); b) Capacity for independent living and self-direction; c) Cognitive functioning, and emotional adjustment.
Frail	An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the individual or to others.
Grantee	Self-Help for the Elderly
HSA	Human Services Agency of the City and County of San Francisco
LGBTQ+	An acronym/term used to refer to persons who self-identify as non - heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.

Low Income	Having income at or below 100% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.
Minority	An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulations Title 22, Sec. 7130.
OCM	Office of Contract Management, Human Services Agency
Older Adult	Person who is 60 years or older, used interchangeably with senior
OCP	Office of Community Partnerships (formerly known as Office on the Aging / OOA).
Senior	Person who is 60 years or older, used interchangeably with older adult
SOGI	Sexual Orientation and Gender Identity; Ordinance No. 159-16 amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (Chapter 104, Sections 104.1 through 104.9).
Unit of Service	Defined as one hour of service
Unduplicated Consumer (UDC)	A unique consumer receiving services in the Grantee's Short Term Home Care for Older Adults program and reflected via enrollment in CA GetCare.

#### **III.** Target Population

According to the federal mandates of the Older Americans Act, services must target clients who are members of one or more of the following target groups that have been identified as demonstrating the greatest economic and social need, in particular:

- A. Low-income
- B. Non or limited –English speaking
- C. Minority
- D. Frail
- E. Lesbian/Gay/Bisexual/Transgender

# IV. Client Eligibility

To be eligible for services, clients must be:

- A. An older adult aged 60 years or older and
- B. A resident of San Francisco and
- C. In need of short-term homemaker services

# V. Location and Time of Services

Intake and program administration take place during regular business hours at Self-Help for the Elderly offices located at 601 Jackson Street in San Francisco. Program services will occur at client residences as scheduled.

#### VI. Description of Services

The Grantee is to hire, train and place care workers to provide homemaker services to eligible consumers. Homemaker services includes provision of assistance such as preparing meals, shopping for personal and household items, managing money, using the telephone or doing light housework.

# VII. Contractor Responsibilities

On an annual basis, the Grantee will provide homemaker service to the indicated number of consumers with the indicated number of units of service. Homemaker services should be designed to:

- A. Provide quality services that attain a high level of satisfaction from participants
- B. Provide services that meet the needs of the participants
- C. Provide assistance that ensures well-being and health
- D. Provide information and referral as needed

Grantee will administer an annual consumer survey, pre-approved by Office of Community Partnership staff, to consumers with a response rate of at least 50% of the annual unduplicated consumer service objective as specified in the Service Objective section below.

# VIII. Units of Service and Definitions

On an annual basis, the Grantee will provide the following services as part of the Short-Term Home Care for Older Adults Homecare Services:

A. <u>Unduplicated Consumers</u>. Grantee will provide service to unduplicated consumers that consist of program participants.

UNIT: One unduplicated consumer.

B. <u>Service Hours</u>. Utilization of care workers to provide program services. Service hours shall include: time spent providing services to program participants

UNIT: One hour of service

#### VIII. Service Objectives

On an annual basis, Grantee will provide at least the following:

Service Objective	FY21/22	FY22/23	FY23/24	FY24/25
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Unduplicated Clients Receiving Services:	105	75	75	75
Homemaker Service Hours:	880	520	520	520

#### IX. Outcome Objectives

At least 35% of consumers will return the annual consumer satisfaction survey.

#### Client Survey Outcomes

- A. At least eighty-five percent (85%) of consumers surveyed will report that they are satisfied (or better) with the services provided.
- B. At least eighty-five percent (85%) of the consumers surveyed will report that they received the services that they need to remain at home.

#### Performance Outcomes

- C. At least 95% of consumers will receive services within a one hour window of their scheduled time
- D. At least 85% of consumers will receive services within a 48 hour time period from initial intake
- E. At least 75% of the consumers served by the program will need assistance in performing at least two ADLs\*. (\*To be determined via consumer information entered into the CA GetCare system.)

#### X. Reporting Requirements

- A. Grantee will provide various reports during the term of the grant agreement.
- B. The Grantee will enter consumers' data into the CA GetCare database system.
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- D. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- E. Grantee program staff will complete the California Department of Aging (CDA) Security Awareness Training on an annual basis; Grantee will maintain evidence of staff completion of this training.
- F. Grantee will submit response rates and aggregated data from annual client survey to assigned Office of Community Partnerships staff by March 15th of each grant year.
- G. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31 each grant year. This report must be submitted to the CARBON system.
- H. Grantee shall develop and deliver ad hoc reports as requested by HSA/DAS/OCP.
- I. Grantee shall develop and deliver an annual summary report of SOGI data collected in the year as required by state and local law. The due date for submitting the annual summary report is July 10th.
- J. Grantee will develop and maintain with OCP's approval, an updated Site Chart (using OCP's format) with details about the program.
- K. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.

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# **XI.** Monitoring Activities

A. Program Monitoring: Program monitoring will include review of compliance to specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA Getcare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting, evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the

- center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII.
- B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance, and HIPAA compliance.

# APPENDIX A3 – SERVICES TO BE PROVIDED BY GRANTEE Effective July 1, 2021 to June 30, 2025

Modification #1: April 6, 2022

# SELF-HELP FOR THE ELDERLY SHORT TERM HOME CARE FOR OLDER ADULTS: PERSONAL CARE SERVICES

# I. Purpose

The purpose of this grant is to provide short-term personal care services to those eligible individuals experiencing difficulty in their home with activities of daily living (ADL's), when discharged from a hospital or institution, or individuals in the process of applying for the state In-Home Supportive Services (IHSS) program. This service is designed to promote older adults' ability to maintain the highest possible levels of function, participation, and dignity in the community.

#### II. Definitions

Definitions	
Adult with a	Person 18-59 years of age living with a disability.
Disability	
CA GetCare	A web-based application that provides specific functionalities for contracted
	agencies to use to perform consumer intake/assessment/enrollment, record
	service objectives, run reports, etc.
CARBON	Contracts Administration, Reporting and Billing On Line System
City	City and County of San Francisco, a municipal corporation.
DAS	Department of Disability and Aging Services
Disability	A condition or combination of conditions that is attributable to a mental, cognitive or physical impairment, including hearing and visual impairments, that results in substantial functional limitations in one (1) or more of the following areas of major life activity: a) Self-care: activities of daily living (ADL), and instrumental activities of daily living (IADL); b) Capacity for independent living and self-direction; c) Cognitive functioning, and emotional adjustment
Frail	An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the individual or to others.
Grantee	Self-Help for the Elderly
HSA	Human Services Agency of the City and County of San Francisco
LGBTQ+	An acronym/term used to refer to persons who self-identify as non - heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.

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# **III.** Target Population

According to the federal mandates of the Older Americans Act, services must target clients who are members of one or more of the following target groups that have been identified as demonstrating the greatest economic and social need, in particular:

- A. Low-income
- B. Non or limited –English speaking
- C. Minority
- D. Frail
- E. Lesbian/Gay/Bisexual/Transgender

# IV. Client Eligibility

To be eligible for services, clients must be:

- A. An older adult aged 60 years or older and
- B. A resident of San Francisco and
- C. In need of short-term personal care services

# V. Location and Time of Services

Intake and program administration take place during regular business hours at Self-Help for the Elderly offices located at 601 Jackson Street in San Francisco. Program services will occur at client residences as scheduled.

# VI. Description of Services

The Grantee is to hire, train, and place care workers to provide personal care service to the eligible consumers. Personal care services includes provision of personal assistance, stand-by assistance, supervision or cues (such as with eating, bathing, toileting, transferring in/out of bed/chair, walking, dressing, grooming).

# VII. Contractor Responsibilities

On an annual basis, the Grantee will provide personal care service to the indicated number of consumers with the indicated number of units of service. Personal care services should be designed to:

- A. Provide quality services that attain a high level of satisfaction from participants
- B. Provide services that meet the needs of the participants
- C. Provide assistance that ensures well-being and health
- D. Provide information and referral as needed

Grantee will administer an annual consumer survey, pre-approved by Office of Community Partnership staff, to consumers with a response rate of at least 50% of the annual unduplicated consumer service objective as specified in the Service Objective section below.

#### VIII. Units of Service and Definitions

On an annual basis, the Grantee will provide the following services as part of the Short-Term Homecare for Older Adults Personal Care Services:

A. <u>Unduplicated Consumers</u>. Grantee will provide service to unduplicated consumers that consist of program participants.

UNIT: One unduplicated consumer.

B. <u>Service Hours</u>. Utilization of care workers to provide program services. Service hours shall include time spent providing services to program participants.

UNIT: One hour of service

#### VIII. Service Objectives

On an annual basis, Grantee will provide at least the following:

Service Objective	FY21/22	FY22/23	FY23/24	FY24/25
Unduplicated Clients Receiving Services:	95	65	65	65
Personal Care Service Hours:	820	460	460	460

#### IX. Outcome Objectives

At least 35% of consumers will return the annual consumer satisfaction survey.

#### Client Survey Outcomes

A. At least 85% of consumers surveyed will report that they are satisfied (or better) with the services provided.

B. At least 85% of the consumers surveyed will report that they received the services that they need to remain at home.

#### Performance Outcomes

- A. At least 95% of consumers will receive services within a one hour window of their scheduled time
- B. At least 85% of consumers will receive services within a 48 hour time period from initial intake
- C. At least 75% of the consumers served by the program will need assistance in performing at least two ADLs\*. (\*To be determined via consumer information entered into the CA GetCare system.)

# X. Reporting Requirements

- A. Grantee will provide various reports during the term of the grant agreement.
- B. The Grantee will enter consumers' data into the CA GetCare database system.
- C. The Grantee will enter into the CA GetCare Service Unit section all the units of service by the 5<sup>th</sup> working day of the month for the preceding month.
- D. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- E. Grantee program staff will complete the California Department of Aging (CDA) Security Awareness Training on an annual basis; Grantee will maintain evidence of staff completion of this training.
- F. Grantee will submit response rates and aggregated data from annual client survey to assigned Office of Community Partnerships staff by March 15th of each grant year.
- G. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31 each grant year. This report must be submitted to the CARBON system.
- H. Grantee shall develop and deliver ad hoc reports as requested by HSA/DAS/OCP.
- I. Grantee shall develop and deliver an annual summary report of SOGI data collected in the year as required by state and local law. The due date for submitting the annual summary report is July 10th.
- J. Grantee will develop and maintain with OCP's approval, an updated Site Chart (using OCP's format) with details about the program.
- K. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.

Apart from reports to be sent via email to the Program Analyst and/or Contract Manager, all other reports and communications should be sent to the following addresses:

Tahir Shaikh Contracts Manager/HSA P.O. Box 7988 San Francisco, CA 94120 tahir.shaikh@sfgov.org Michael Zaugg, Program Director DAS, Office of Community Partnerships P.O. Box 7988 San Francisco, CA 94120 michael.zaugg@sfgov.org

# **XI.** Monitoring Activities

A. Program Monitoring: Program monitoring will include review of compliance to specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA Getcare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting, evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; program

operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII.

B. Fiscal Compliance and Contract Monitoring: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance, and HIPAA compliance.

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1			-		<del></del>	<del>-</del>	Ä	Appendix B1, Page 1	
2	3/8/2022								
3	HUMAN SERVICES AGENCY BUDGET SUMMARY								
4									
5	Name								
6	SELF-HELP FOR THE ELDERLY								
7	(Check One) New□ Renewal	_ Modification X_							
8	If modification, Effective Date of Mod.	No. of Mod.							
9	Program: SHORT TERM HOME CARE-0	HORE							
	Budget Reference Page No.(s)	Budget	Modifcation	Revised Budget	Budget	Budget	Budget	Total	
	Program Term	7/1/21-6/30/22	7/1/21-6/30/22	7/1/21-6/30/22	7/1/22-6/30/23	7/1/23-6/30/24	7/1/24-6/30/25	7/1/21-6/30/25	
12	Expenditures	171721 0700722	17 172 1 0700722	17 172 1 0700722	171722 0700720	17 1720 070072 1	171721 0700720	77 172 1 0700720	
13	Salaries & Benefits	\$35,584	\$11,618	\$47,202	\$35,584	\$35,584	\$35,584	\$153,954	
14	Operating Expenses	\$1,947	\$430	\$2,377	\$1,947	\$1,947	\$1,947	\$8,218	
15	Subtotal	\$37,531	\$12,048	\$49,579	\$37,531	\$37,531	\$37,531	\$162,172	
16	Indirect Percentage (%)	15%	15%	15%	15%	15%	15%	15%	
-	Indirect Cost (Line 16 X Line 15)	\$5,630	\$1,807.00	\$7,437	\$5,630	\$5,630	\$5,630	\$24,327	
	Subcontractor/Capital Expenditures							\$0	
19	Total Expenditures	\$43,161	\$13,855	\$57,016	\$43,161	\$43,161	\$43,161	\$186,499	
20	HSA Revenues								
21 22	General Fund CODB	\$40,711 \$2,450		\$40,711 \$2,450	\$40,711 \$2,450	\$40,711 \$2,450	\$40,711 \$2,450	\$162,844 \$9,800	
	ОТО	\$2,430	\$13,855	\$13,855	\$2,450	\$2,450	\$2,430	\$13,855	
24			7.0,000	7.0,000				7.0,000	
25									
26 27									
28									
29	TOTAL HSA REVENUES	\$43,161	\$13,855	\$57,016	\$43,161	\$43,161	\$43,161	\$186,499	
30	Other Revenues	, ,,	, ,,,,,,,	, , , , , ,	, .,	, , ,	, , ,	,,	
31									
32									
33									
35									
36	Total Revenues	\$43,161	\$13,855	\$57,016	\$43,161	\$43,161	\$43,161	\$186,499	
37	Full Time Equivalent (FTE)								
39	Prepared by: Leny Nair							4/25/2021	
40	HSA-CO Review Signature:								
41	HSA #1	·	·	·				6/20/2018	

	А	В	С	D	Е	Н	1	J	М	Р	S	Т
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3	SELF-HELP FOR THE ELDERLY											
4	Program: SHORT TERM HOME (	CARE-CHORE										
5 6												
7			Salari	es & Benef	ite Dotail							
8			Jaiaii	es & Dellel	its Detail							
9												
10						7/1/21-6/30/22	7/1/21-6/30/22	7/1/21-6/30/22	7/1/22-6/30/23	7/1/23-6/30/24	7/1/24-6/30/25	7/1/21-6/30/25
11		Agency 1	Fotals	HSA Pr	ogram							TOTAL
		Annual Full		funded by								
12	POSITION TITLE	TimeSalary for FTE	Total FTE	HSA (Max 100%)	Adjusted FTE	Budgeted Salary	Modification	Revised Budgeted Salary	Rudgeted Salary	Budgeted Salary	Budgeted Salary	Budgeted Salary
	Elder Care Worker	\$43,264	1.00	34%	0.34	\$14,311	\$399	\$14,710	\$14,311	\$14,311	\$14,311	\$57,643
	Elder Care Worker-On Cal	\$36,067	1.00	32%	0.32	\$3,548	\$8,011	\$11,559	\$3,548	\$3,548	\$3,548	\$22,203
	Program Assistant	\$41,787	1.00	17%	0.17	\$7,331		\$7,331	\$7,331	\$7,331	\$7,331	\$29,324
16	Social Service Director	\$93,875	1.00	0.03%	0.003	\$311		\$311	\$0	\$0	\$0	\$311
17	Social Service Program Manager	\$78,000	1.00	4%	0.04	\$2,966		\$2,966	\$3,277	\$3,277	\$3,277	\$12,797
18												
19												
20												
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22												
23												
24												
25												
26												
27												
28												
29												
30 31	TOTALS	\$292,993	5.00	87%	0.87	\$28,467	\$8,410	\$36,877	\$28,467	\$28,467	\$28,467	\$122,278
32	FRINGE BENEFIT RATE	28%				25%		28%	25%	25%	25%	
33	EMPLOYEE FRINGE BENEFITS	\$82,038				\$7,117	\$3,208	\$10,325	\$7,117	\$7,117	\$7,117	\$31,676
34 35												
	TOTAL SALARIES & BENEFITS	\$375,031				\$35,584	\$11,618	\$47,202	\$35,584	\$35,584	\$35,584	\$153,954
	HSA #2					, = = :	, ,	. ,===	,		,	6/20/2018
J1	IIVA#4											0/20/2010

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3	SELF-HELP F	OR THE ELD	EDI V								
			HOME CARE-C	HORE							
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6				0		- D-4-!I					
7 8				Ope	rating Expens	e Detail					
9											
10											
11					Budget	Modification	Revised	Budget	Budget	Budget	TOTAL
12	Expenditure C	ategory		TERM	7/1/21-6/30/22	7/1/21-6/30/22	7/1/21-6/30/22	7/1/22-6/30/23	7/1/23-6/30/24	7/1/24-6/30/25	Total
13	Rental of Prop	erty									
14	Utilities(Elec, V	Vater, Gas, P	hone, Garbage	)	\$311		\$311	\$311	\$311	\$311	\$1,244
15	Office Supplies	s, Postage			\$536		\$536	\$536	\$536	\$536	\$2,144
16	Building Mainte	enance Suppl	ies and Repair				\$0	<u> </u>	_	· .	\$0
17	Printing and R	eproduction					\$0	<u> </u>	_	· .	\$0
18	Insurance				\$300		\$300	\$300	\$300	\$300	\$1,200
19	Staff Training						\$0	<u> </u>	_		\$0
20	Staff Travel-(L	ocal & Out of	Town)		\$300		\$300	\$300	\$300	\$300	\$1,200
21	Rental of Equi	pment					\$0		<u> </u>		\$0
22											
23	CONSULTAN	TS									
24											\$0
25				_							
26											
-	OTHER										
	Program Supp	lies-PPE		_	\$500	\$430	\$930	\$500	\$500	\$500	\$2,430
29 30				-				-	-		
	TOTAL OPER	ATING EXPE	NSE		\$1,947	<u>\$430</u>	\$2,377	\$1,947	<u>\$1,947</u>	\$1,947	\$8,218
32				-							
	HSA #3										6/20/2018

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1						Appen	dix B1, Page 4
2 3 SI	FI F.H	ELP FOR THE ELDERLY					
4 Pı		n: SHORT TERM HOME CARE-CHORE					
5							
6 7							
8		Subcontractor/Ca	apital Expend	litures			
9				<b>r</b>	r	T	T
10 <b>S</b> I	ивсо	NTRACTORS	7/1/21-6/30/22	7/1/22-6/30/23	7/1/23-6/30/24	7/1/24-6/30/25	Total
11 Sı	ubcont	ractor 1					
12 St	ubcont	ractor 2					
13							
14							
15							
16 <b>T</b> (	OTAL	SUBCONTRACTOR COST	\$0	\$0	\$0	\$0	\$0
17							
18							
19 <b>E</b>	QUI	P M E N T TERM	7/1/21-6/30/22	7/1/22-6/30/23	7/1/23-6/30/24	7/1/24-6/30/25	Total
20 l	Units	ITEM/DESCRIPTION					
21		Equipment A					
22							
23							
24							
	ΟΤΔΙ	EQUIPMENT COST	\$0	\$0	\$0	\$0	\$0
26	01712	Eggii MENT 6661	Ψΰ	Ψ	ψ0	ψ.	Ψ0
		ODELING	7/4/04 6/20/02	7/1/22-6/30/23	7/4/02 6/20/04	7/1/24-6/30/25	Total
			7/1/21-6/30/22	7/1/22-6/30/23	7/1/23-6/30/24	7/1/24-6/30/25	Total
28 D							
29 R	emode	el A					
30							
31							
32 <b>T</b> (	OTAL	REMODELING COST	\$0	\$0	\$0	\$0	\$0
33				T	T	1	1
	OTAL	SUBCONTRACTOR/CAPITAL EXPENDITURE	\$0	\$0	\$0	\$0	\$0
35							
36 <b>H</b>	SA #4						6/20/2018

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1							Ap	pendix B2, Page 1
2								3/8/2022
3	HUMAN SERVICES AGE	NCY BUDGET S	UMMARY					
4								
5	Name							
6	SELF-HELP FOR THE ELDERLY							
7	(Check One) New□ Renewal	Modification X_						
8	If modification, Effective Date of Mod.	No. of Mod.						
9	Program: SHORT TERM CARE-HOMEN	MAKER						
	Budget Reference Page No.(s)	Budget	Modification	Revised Budget	Budget	Budget	Budget	Total
	Program Term	7/1/21-6/30/22	7/1/21-6/30/22	7/1/21-6/30/22	7/1/22-6/30/23	7/1/23-6/30/24	7/1/24-6/30/25	7/1/21-6/30/25
12			1/21 0/00/22					
13	Salaries & Benefits	\$35,584	\$11,618	\$47,202	\$35,584	\$35,584	\$35,584	\$153,954
14	Operating Expenses	\$1,947	\$430	\$2,377	\$1,947	\$1,947	\$1,947	\$8,218
	Subtotal	\$37,531	\$12,048	\$49,579	\$37,531	\$37,531	\$37,531	\$162,172
16	Indirect Percentage (%)	15%	15%	15%	15%	15%	15%	15%
17	Indirect Cost (Line 16 X Line 15)	\$5,630	\$1,807	\$7,437	\$5,630	\$5,630	\$5,630	\$24,327
18	Subcontractor/Capital Expenditures							\$0
19	Total Expenditures	\$43,161	\$13,855	\$57,016	\$43,161	\$43,161	\$43,161	\$186,499
20	HSA Revenues							
21	General Fund	\$40,711		\$40,711	\$40,711	\$40,711	\$40,711	\$162,844
22	CODB	\$2,450	640.055	\$2,450	\$2,450	\$2,450	\$2,450	\$9,800
23	OTO 3/6/2022		\$13,855	\$13,855				\$13,855
25								
26								
27								
28								
29	TOTAL HSA REVENUES	\$43,161	\$13,855	\$57,016	\$43,161	\$43,161	\$43,161	\$186,499
30	Other Revenues							
31								
32								
34								
35								
36	Total Revenues	\$43,161	\$13,855	\$57,016	\$43,161	\$43,161	\$43,161	\$186,499
37	Full Time Equivalent (FTE)							
39	Prepared by: Leny Nair						<u>-</u>	1/11/2022
40	HSA-CO Review Signature:		<u> </u>		·	·		
41	HSA #1							6/20/2018
<u> </u>								0.20.2010

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1											Ap	pendix B2, Page 2
3	SELF-HELP FOR THE ELDERLY											
4	Program: SHORT TERM CARE-H	IOMEMAKER										
5												
6												
7			Salari	es & Benef	its Detail							
8												
10						7/1/21-6/30/22	7/1/21-6/30/22	7/1/21-6/30/22	7/1/22-6/30/23	7/1/23-6/30/24	7/1/24-6/30/25	7/1/21-6/30/25
11		Agency 1	Γotals	HSA Pr	ogram							TOTAL
		Annual Full		% FTE funded by								
		TimeSalary	Total	HSA	Adjusted							
12	POSITION TITLE	for FTE	FTE	(Max 100%)	ÝΤΕ	Budgeted Salary	Modification	Revised Budget	Budgeted Salary	Budgeted Salary	Budgeted Salary	Budgeted Salary
13	Elder Care Worker	\$43,264	1.00	34%	0.34	\$14,311	\$399	\$14,710	\$14,311	\$14,311	\$14,311	\$57,643
14	Elder Care Worker-On Call	\$36,067	1.00	32%	0.32	\$3,548	\$8,011	\$11,559	\$3,548	\$3,548	\$3,548	\$22,203
15	Program Assistant	\$41,787	1.00	18%	0.18	\$7,331		\$7,331	\$7,331	\$7,331	\$7,331	\$29,324
16	Social Service Director	\$93,875	1.00	0.03%	0.003	\$311		\$311	\$0	\$0	\$0	\$311
17	Social Service Program Manager	\$78,000	1.00	4%	0.04	\$2,966		\$2,966	\$3,277	\$3,277	\$3,277	\$12,797
18	·											
19												
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21												
22												
23												
24												
25												
26												
27												
28												
29												
30	TOTALS	\$292,993	5.00	88%	0.88	\$28,467	\$8,410	\$36,877	\$28,467	\$28,467	\$28,467	\$122,278
31	FRINGE BENEFIT RATE	28%										
	EMPLOYEE FRINGE BENEFITS	\$82,038				\$7,117	\$3,208	\$10,325	\$7,117	\$7,117	\$7,117	\$31,676
34 35												
36	TOTAL SALARIES & BENEFITS	\$375,031				\$35,584	\$11,618	\$47,202	\$35,584	\$35,584	\$35,584	\$153,954
37	HSA#2				-		· · · · · ·	· · · · · ·				6/20/2018

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3	SELF-HELP F	OR THE ELD	FRI Y								
			CARE-HOMEMA	AKER							
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6 7				One	rating Expens	o Dotail					
8				Ope	rating Expens	se Detail					
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11	Expenditure C	atagony		TEDM	Budget 7/1/21-6/30/22	Modification 7/1/21-6/30/22	Revised Budget 7/1/21-6/30/22	Budget 7/1/22-6/30/23	Budget 7/1/23-6/30/24	Budget 7/1/24-6/30/25	TOTAL Total
				IERIVI	7/1/21-0/30/22	111/21-0/30/22	7/1/21-0/30/22	1/1/22-0/30/23	1/1/23-0/30/24	7/1/24-0/30/23	Total
	Rental of Prop	•								-	
14	Utilities(Elec, \	Water, Gas, P	hone, Garbage)	)	\$311		\$311	\$311	\$311	\$311	\$1,244
15	Office Supplie	s, Postage			\$536		\$536	\$536	\$536	\$536	\$2,144
16	Building Maint	enance Suppli	ies and Repair							1	
17	Printing and R	eproduction									
18	Insurance				\$300		\$300	\$300	\$300	\$300	\$1,200
19	Staff Training										
20	Staff Travel-(L	ocal & Out of	Town)		\$300		\$300	\$300	\$300	\$300	\$1,200
21	Rental of Equi	pment									
22											
23	CONSULTAN	TS									
24				_							
25				_							
26											
	OTHER				<b></b>	<b></b>	***	<b>45</b>	<b>.</b>	<b>^</b>	00.405
28 29	Program Supp	lies-PPE		-	\$500	\$430	\$930	\$500	\$500	\$500	\$2,430
30				-							-
	TOTAL OPER	RATING EXPE	NSE		\$1,947	\$430	\$2,377	<u>\$1,947</u>	\$1,947	<u>\$1,947</u>	\$8,218
32				_							
	HSA #3										6/20/2018

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3	SELE-H	ELP FOR THE ELDERLY					
4		n: SHORT TERM CARE-HOMEMAKER					
5							
6 7							
8		Subcontractor/C	apital Expend	litures			
9							
10	SUBCO	NTRACTORS	7/1/21-6/30/22	7/1/22-6/30/23	7/1/23-6/30/24	7/1/24-6/30/25	Total
11	Subcon	tractor 1					
12	Subcon	tractor 2					
13							
14							
15							
	TOTAL	SUBCONTRACTOR COST	\$0	\$0	\$0	\$0	\$0
17							
18							
19	EQUI	P M E N T TERM	7/1/21-6/30/22	7/1/22-6/30/23	7/1/23-6/30/24	7/1/24-6/30/25	Total
20	Units	ITEM/DESCRIPTION					
21		Equipment A					
22							
23							
24							
25	TOTAL	EQUIPMENT COST	\$0	\$0	\$0	\$0	\$0
26							
	DEM	O D E L I N G	7/1/21 6/20/22	7/1/22-6/30/23	7/1/23 6/30/24	7/1/24-6/30/25	Total
			771721-0/30/22	771722-0/30/23	7/1/23-0/30/24	7/1/24-0/30/23	Total
	Descrip						
	Remode	el A					
30							
31							
32	TOTAL	REMODELING COST	\$0	\$0	\$0	\$0	\$0
33				ı	T	ı	ı
	TOTAL	SUBCONTRACTOR/CAPITAL EXPENDITURE	\$0	\$0		\$0	\$0
35							
36	HSA #4						6/20/2018

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1							Ap	pendix B3, Page 1
2								1/12/2022
3	HUMAN SERVICES AGE	NCY BUDGET S	UMMARY					
4	1							
5	Name							
6	SELF-HELP FOR THE ELDERLY							
7	(Check One) New□ Renewal	Modification X						
	If modification, Effective Date of Mod.	No. of Mod.						
0	il modification, Effective Date of Mod.	NO. OI WIOG.						
9	Program: SHORT TERM CARE-PERSO	NAL CARE						
10	Budget Reference Page No.(s)	REV BUDGET	Modification	Revised Budget	Budget	Budget	Budget	Total
11	Program Term	7/1/21-6/30/22	7/1/21-6/30/22	7/1/21-6/30/22	7/1/22-6/30/23	7/1/23-6/30/24	7/1/24-6/30/25	7/1/21-6/30/25
12	Expenditures							
13	Salaries & Benefits	\$31,355	\$11,517	\$42,872	\$31,355	\$31,355	\$31,355	\$136,937
14	Operating Expenses	\$1,519	\$501	\$2,020	\$1,519	\$1,519	\$1,519	\$6,577
15	Subtotal	\$32,874	\$12,018	\$44,892	\$32,874	\$32,874	\$32,874	\$143,514
16	Indirect Percentage (%)	15%	15%	15%	15%	15%	15%	15%
17	Indirect Cost (Line 16 X Line 15)	\$5,035	\$1,780	\$6,815	\$5,035	\$5,035	\$5,035	\$21,920
18	Subcontractor/Capital Expenditures							\$0
19	Total Expenditures	\$37,909	\$13,798	\$51,707	\$37,909	\$37,909	\$37,909	\$165,434
20	HSA Revenues							
21	General Fund	\$35,757		\$35,757	\$35,757	\$35,757	\$35,757	\$143,028
22	CODB letter dated 12/22/21	\$2,152		\$2,152	\$2,152	\$2,152	\$2,152	\$8,608
23	OTO 3/6/2022		\$13,798	\$13,798				\$13,798
24								
25 26								
27								
28								
29	TOTAL HSA REVENUES	\$37,909	\$13,798	\$51,707	\$37,909	\$37,909	\$37,909	\$165,434
30	Other Revenues							
31								
32								
33 34								
35								
	Total Revenues	\$37,909	\$13,798	\$51,707	\$37,909	\$37,909	\$37,909	\$165,434
	Full Time Equivalent (FTE)	ψ3.,500	Ų.0,100	ψο.,101	ψο.,500	<b>40.,500</b>	ψο.,σοσ	ψ.00,101
	Prepared by: Leny Nair	<u> </u>						
40	HSA-CO Review Signature:							
41	HSA #1							6/20/2018

	А	В	С	D	Е	Н	I	J	M	Р	S	T
1											Ap	pendix B3, Page 2
3	SELF-HELP FOR THE ELDERLY											
4	Program: SHORT TERM CARE-P	ERSONAL CARE										
5												
6												
7			Salari	es & Benef	its Detail							
8												
9												
10 11		Agency To	tale	HSA Pr	ogram	7/1/21-6/30/22	7/1/21-6/30/22	7/1/21-6/30/22	7/1/22-6/30/23	7/1/23-6/30/24	7/1/24-6/30/25	Total TOTAL
ш		Agency 10	itais	% FTE	ogram							TOTAL
		Annual Full		funded by								
12	POSITION TITLE	TimeSalary for FTE	Total FTE	HSA (Max 100%)	Adjusted FTE	Revised Budgeted Salary	Modification	Revised Budgeted Salary	Budgeted Salary	Budgeted Salary	Budgeted Salary	Budgeted Salary
						· ·		·	·			,
	Elder Care Worker	\$43,264	1.00	30%	0.30	\$12,569	\$399	\$12,968	\$12,569	\$12,569	\$12,569	\$50,675
	Elder Care Worker-On CalL	\$36,067	1.00	31%	0.31	\$3,198	\$8,011	\$11,209	\$3,198	\$3,198	\$3,198	\$20,803
15	Program Assistant	\$41,787	1.00	15%	0.15	\$6,440		\$6,440	\$6,440	\$6,440	\$6,440	\$25,760
16	Social Service Director	\$93,875	1.00	0.03%	0.003	\$267		\$267	\$0	\$0	\$0	\$267
17	Social Service Program Manager	\$78,000	1.00	3%	0.03	\$2,610		\$2,610	\$2,877	\$2,877	\$2,877	\$11,241
18												
19												
20												
21												
22												
23												
24												
25												
26												
27												
28												
29	TOTALS	\$292,993	5.00	80%	0.80	\$25,084	\$8,410	\$33,494	\$25,084	¢0E 004	\$25,084	£100 740
30 31	·		5.00	80%	0.80	\$25,084	\$8,410		\$25,084	\$25,084	\$25,064	\$108,746
32	FRINGE BENEFIT RATE	28%				I		28%			ı	
33	EMPLOYEE FRINGE BENEFITS	\$82,038				\$6,271	\$3,107	\$9,378	\$6,271	\$6,271	\$6,271	\$28,191
34												
36	TOTAL SALARIES & BENEFITS	\$375,031				\$31,355	\$11,517	\$42,872	\$31,355	\$31,355	\$31,355	\$136,937
37	HSA#2											6/20/2018

	Α	В	С	D	E	F	G	н і	J K	L M	N O P
1										À	ppendix B3, Page 3
3	SELF-HELP F	OR THE ELD	EDI V								
			CARE-PERSON	AL CA	RE						
5											
6				•		D 4-1					
7				Ope	rating Expens	se Detail					
8											
10											
11					Budget	Modification	Revised Budget	Budget	Budget	Budget	TOTAL
12	Expenditure C	ategory		TERM	7/1/21-6/30/22	7/1/21-6/30/22	7/1/21-6/30/22	7/1/22-6/30/23	7/1/23-6/30/24	7/1/24-6/30/25	Total
13	Rental of Prop	perty									
14	Utilities(Elec, \	Water, Gas, P	hone, Garbage	)	\$300		\$300	\$300	\$300	\$300	\$1,500
15	Office Supplie	s, Postage			\$219		\$219	\$219	\$219	\$219	\$1,095
16	Building Maint	enance Suppli	ies and Repair				\$0				
17	Printing and R	eproduction					\$0				<u></u>
18	Insurance				\$300		\$300	\$300	\$300	\$300	\$1,500
19	Staff Training						\$0				
20	Staff Travel-(L	ocal & Out of	Town)		\$300		\$300	\$300	\$300	\$300	\$1,500
21	Rental of Equi	ipment									
22											
23	CONSULTAN	TS									
24											
25				_							
26											
_	OTHER										
	Program Supp	olies-PPE		-	\$400	\$501	\$901	\$400	\$400	\$400	\$3,002
29 30				-							· -
	TOTAL OPER	RATING EXPE	NSE		\$1,519	\$501	\$2,020	<u>\$1,519</u>	<u>\$1,519</u>	\$1,519	\$6,577
32				-							
	HSA #3										6/20/2018

	Α	В	С	D	Е	F	G
1						Appen	dix B3, Page 4
3 5	SFI F.H	ELP FOR THE ELDERLY					
4 F		n: SHORT TERM CARE-PERSONAL CARE					
5 6							
7							
8		Subcontractor/C	apital Expend	litures			
9				1	T	1	ı
10 \$	SUBCO	NTRACTORS	7/1/21-6/30/22	7/1/22-6/30/23	7/1/23-6/30/24	7/1/24-6/30/25	Total
11 5	Subcont	ractor 1					
12 8	Subcont	ractor 2					
13							
14							
15							
16 1	TOTAL	SUBCONTRACTOR COST	\$0	\$0	\$0	\$0	\$0
17							
18							
19 <b>E</b>	EQUI	P M E N T TERM	7/1/21-6/30/22	7/1/22-6/30/23	7/1/23-6/30/24	7/1/24-6/30/25	Total
20	Units	ITEM/DESCRIPTION					
21		Equipment A					
22							
23							
24							
	TOTAL	EQUIPMENT COST	\$0	\$0	\$0	\$0	\$0
26	. •		40	Ψ.	<b>4</b> 0	Ψ.	Ψ.
	D E M	O D E L I N G	7/1/21 6/20/22	7/1/22-6/30/23	7/1/22 6/20/24	7/1/24-6/30/25	Total
			7/1/21-0/30/22	7/1/22-0/30/23	7/1/23-0/30/24	111/24-0/30/23	Total
	Descript						
	Remode	el A					
30							
31							
32	TOTAL	REMODELING COST	\$0	\$0	\$0	\$0	\$0
33			Т	T	T	T	1
	TOTAL	SUBCONTRACTOR/CAPITAL EXPENDITURE	\$0	\$0		\$0	\$0
35							
36 <b>I</b>	HSA #4						6/20/2018